How to Get Your Child to Open Up To You

Presented by Rachel Bailey, M.A., CPDPE Lake Braddock Secondary School March 13, 2019 ~ 6:30PM

You know how important it is to know what is going on in your child's life.

But when you ask them questions, they shrug, grunt, or tell you that everything is fine.

You're worried about what they might be thinking, feeling, and doing... But whenever you to try to get close, they act as if you are annoying them.



Join Parenting Specialist (and former therapist) Rachel Bailey at this workshop and learn:

- The 3 reasons kids don't open up, plus practical tips for overcoming each obstacle
- What to do when you think your child is hiding something from you
- A simple strategy to increase your positive influence so that your teen makes good choices (even when they don't seem to want your advice)

For more information about speaker Rachel Bailey, please visit www.Rachel-Bailey.com.