

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		1		2		3		4	
				WINTER BREAK					
7	<p>Falafel Tots Hot or Cold Turkey Ham Choice of 1 grain: Brown Rice Rice Cakes Tortilla Chips</p> <p>Chopped Tomatoes w/ Cucumbers and/or Fresh or Steamed Broccoli</p> <p>Chilled Pineapple or Frozen Fruit Juice Cup Strawberry Milk</p>	8	<p>Taco Meat or Diced Chicken Hot or Cold Turkey Ham Choice of 1 grain: Brown Rice Rice Cakes Tortilla Chips</p> <p>Baby Carrots and/or Vegetarian Baked Beans</p> <p>Chilled Applesauce or Orange Slices</p>	9	<p>Turkey Sausage Hot or Cold Turkey Ham Choice of 1 grain: Brown Rice Rice Cakes Tortilla Chips</p> <p>Fresh or Steamed Broccoli and/or Cucumber Slices</p> <p>Chilled Mandarin Oranges or Banana</p>	10	<p>Hamburger, Cheeseburger Hot or Cold Turkey Ham Choice of 1 grain: Brown Rice Rice Cakes Tortilla Chips</p> <p>Tossed Salad w/ Tomatoes and/or Seasoned Spiral Potatoes</p> <p>Chilled Pears or Apple Slices</p>	11	<p>Pepperoni w/ Marinara Hot or Cold Turkey Ham Choice of 1 grain: Brown Rice Rice Cakes Tortilla Chips</p> <p>Fresh or Steamed Broccoli and/or Seasoned Sweet Potatoes</p> <p>Chilled Peaches or Fresh Fruit</p>
14	<p>Broccoli Cheese Soup Hot or Cold Turkey Ham Choice of 1 grain: Brown Rice Rice Cakes Tortilla Chips</p> <p>Fresh or Steamed Broccoli and/or Creamy Tomato Soup</p> <p>Fresh Fruit or Frozen Fruit Juice Cup Strawberry Milk</p>	15	<p>Hamburger Hot or Cold Turkey Ham Choice of 1 grain: Brown Rice Rice Cakes Tortilla Chips</p> <p>Cucumber Slices and/or Steamed Green Beans</p> <p>Chilled Peaches or Orange Slices</p>	16	<p>Turkey Sausage Hot or Cold Turkey Ham Choice of 1 grain: Brown Rice Rice Cakes Tortilla Chips</p> <p>Hash Browns and/or Baby Carrots</p> <p>Chilled Pineapple or Banana</p>	17	<p>Turkey Hot Dog Hot or Cold Turkey Ham Choice of 1 grain: Brown Rice Rice Cakes Tortilla Chips</p> <p>Tossed Salad w/ Tomatoes and/or Steamed Corn</p> <p>Chilled Mandarin Oranges or Apple Slices</p>	18	<p>Pepperoni w/ Marinara Hot or Cold Turkey Ham Choice of 1 grain: Brown Rice Rice Cakes Tortilla Chips</p> <p>Fresh or Steamed Broccoli and/or Chili Beans</p> <p>Chilled Pears or Fresh Fruit</p>
21	 <p>TEACHER WORKDAY</p>	22	<p>Taco Meat and/or Cheese Sauce Hot or Cold Turkey Ham Choice of 1 grain: Brown Rice Rice Cakes Tortilla Chips</p> <p>Baby Carrots and/or Chili Beans</p> <p>Chilled Applesauce or Orange Slices</p>	23	<p>Turkey Sausage Hot or Cold Turkey Ham Choice of 1 grain: Brown Rice Rice Cakes Tortilla Chips</p> <p>Vegetarian Baked Beans and/or Steamed Green Beans</p> <p>Chilled Pears or Banana</p>	24	<p>Hamburger Hot or Cold Turkey Ham Choice of 1 grain: Brown Rice Rice Cakes Tortilla Chips</p> <p>Tossed Salad w/ Tomatoes and/or Seasoned Sweet Potatoes</p> <p>Chilled Mandarin Oranges or Apple Slices</p>	25	 <p>TEACHER WORKDAY</p>
28	<p>Turkey Hot Dog Hot or Cold Turkey Ham Choice of 1 grain: Brown Rice Rice Cakes Tortilla Chips</p> <p>Fresh or Steamed Broccoli and/or Seasoned Spiral Potatoes</p> <p>Chilled Applesauce or Frozen Fruit Juice Cup Strawberry Milk</p>	29	<p>Meat Sauce Hot or Cold Turkey Ham Choice of 1 grain: Brown Rice Rice Cakes Tortilla Chips</p> <p>Baby Carrots and/or Tossed Salad w/ Tomatoes</p> <p>Chilled Pears or Orange Slices</p>	30	<p>Turkey Sausage Hot or Cold Turkey Ham Choice of 1 grain: Brown Rice Rice Cakes Tortilla Chips</p> <p>Cucumber Slices and/or Hash Browns</p> <p>Chilled Pineapple or Banana</p>	31	<p>Turkey Hot Dog Hot or Cold Turkey Ham Choice of 1 grain: Brown Rice Rice Cakes Tortilla Chips</p> <p>Baby Carrots and/or Steamed Green Beans</p> <p>Chilled Peaches or Apple Slices</p>	<p>Offered Daily</p> <p>Chopped Cheese Salad Milk - unflavored fat free, unflavored 1%, and chocolate fat free</p>	