

# SALAD BAR



## April 2019 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>
Salad Greens Corn Cucumber Slices Red Beans	Salad Greens Carrots Tomatoes Broccoli	Salad Greens Red Pepper Strips Cucumber Slices Seasonal Vegetable	Salad Greens Carrots Black Beans Broccoli	Salad Greens Corn Tomatoes Seasonal Vegetable
<b>Fruit</b>	<b>Fruit</b>	<b>Fruit</b>	<b>Fruit</b>	<b>Fruit</b>
3 Fresh Fruits	3 Fresh Fruits	3 Fresh Fruits	3 Fresh Fruits	3 Fresh Fruits
<b>Protein</b>	<b>Protein</b>	<b>Protein</b>	<b>Protein</b>	<b>Protein</b>
Shredded Cheese Yogurt	Hummus Hard Boiled Eggs	Shredded Cheese Turkey Ham	Hard Boiled Eggs Yogurt	Falafel Tots Diced Chicken

**Grain:** Soft Pretzel offered daily

### Hot Entrees

1 Rice, Bean, and Cheese Empanada	2 Soft Chicken or Beef Taco	3 Breakfast for Lunch: Chicken and Waffles	4 Hamburger Cheeseburger	5 Cheese or Pepperoni Pizza Bagels
8 Broccoli Cheese Soup w/ a Garlic Knot	9 Orange Chicken w/ Brown Rice	10 Breakfast for Lunch: French Toast w/ Turkey Sausage	11 Corn Dog Bites	12 French Bread Cheese or Pepperoni Pizza
15	16	17 SPRING BREAK	18	19
22 Rainbow Pizza	23 Nachos w/ Taco Meat and/or Cheese Sauce	24 Breakfast for Lunch: Chicken on a Biscuit	25 Chicken Bites	26 Pan Cheese or Pepperoni Pizza
29 Cheese Sticks w/ Marinara Sauce	30 Pasta w/ Meatballs and Garlic Knot			

Menus are subject to change due to availability of foods and emergency school closings.

Food and Nutrition Services  
Fairfax County Public Schools

“This institution is an equal opportunity provider.”