

Participation is voluntary!

- Complete all boxes for reading, writing, and fitness activities with a date.
- Fill in student's name, kindergarten teacher, and parent signature below.
- Turn in this paper to the kindergarten teacher no later than <u>Friday</u>, <u>September 7th.</u>









READING ACTIVITIES - Read aloud to your child for 10 minutes everyday AND:

<u>Activities</u>	Date You and Your Child Do Each Activity							
Use magnetic letters to practice letter recognition, sound matching, and word building.	Date	Date	Date	Date	Date	Date		
Go to the public library to check out books and/or attend a summer program.	Date	Date	Date	Date	Date	Date		
Take books to the beach, pool, or park and read them together for break times or pack a bag of books for in the car during trips and errands.	Date	Date	Date	Date	Date	Date		
Retell a favorite book together.	Date	Date	Date	Date	Date	Date		
Play a "Car Game" from the attached list. You don't have to be in a car to play!	Date	Date	Date	Date	Date	Date		

Student's Full Name
Kindergarten Teacher (2018/2019)
Parent's Signature:







<u>Activities</u>	<u>Date Y</u>	ou and	Your C	hild Do	Each A	ctivity
Practice writing his or her first and last name, saying each letter as its written. *First letter capital - other letters lower case.	Date	Date	Date	Date	Date	Date
Have your child draw a picture and tell you about it. You write what your child says underneath the picture.	Date	Date	Date	Date	Date	Date
Practice writing the letters of the alphabet. See handout for letter formation. Discuss the sounds they make and brainstorm words that begin with each sound.	Date	Date	Date	Date	Date	Date



FITNESS ACTIVITIES







<u>Activities</u>	Date Your Child Does 30 minutes of exercise						
Put the date in a box to the right each day your child exercises for 30 minutes doing the following activities, one activity or a combination of activities: • swimming	Date	Date	Date	Date	Date	Date	Date
martial artsgymnasticsdancejump rope	Date	Date	Date	Date	Date	Date	Date
hopscotchwalking/hikingtag/hide & seekplay at a playgroundhula hoop	Date	Date	Date	Date	Date	Date	Date
 fishing soccer riding a bike baseball/softball basketball 	Date	Date	Date	Date	Date	Date	Date
 Frisbee play at the beach other, with your approval 	Date	Date	Date	Date	Date	Date	Date